



HOLISTIC COUNSELLING & REHAB SERVICES

Hope * Serenity * Wellness

Project Descriptive Name

Supportive Recovery Residence – Holistic Counselling and Rehab Services (HCRS), 36 Calder Crescent. A small-scale, non-medical residence for up to four clients engaged in counselling, workshops, and cultural healing programs delivered at the HCRS office and on the land. The residence provides safe, structured overnight accommodation with 24/7 staff oversight.

Describe your proposed development in detail

Holistic Counselling and Rehab Services (HCRS) proposes to establish a small-scale supportive recovery residence at 36 Calder Crescent, Yellowknife. The purpose of this development is to provide a safe, structured, and culturally grounded residential setting for clients who are actively engaged in counselling, group workshops, and cultural healing programs delivered primarily off-site at the HCRS office or through land-based activities.

The residence itself is not a clinical or program delivery site. Instead, it functions as a home-like environment where clients return to sleep, share meals, and live safely while under staff supervision. Trained support workers and counsellors are present day and evening, with staff on call overnight, ensuring continuous safety, wellness monitoring, and support. This structure allows clients to restabilize in a residential setting, follow daily routines, and prepare for successful reintegration into the community while continuing their recovery journey.

Key program elements include:

- Clients participate in counselling, group programs, and cultural workshops at the HCRS office or on the land.
- The home provides overnight accommodation for up to four clients in private bedrooms, supported by one to two staff members on-site.
- Staff ensure a secure and respectful environment, with quiet hours from 10:00 p.m. to 7:00 a.m. and clear behavioural expectations.
- Services emphasize hope, serenity, and wellness, guided by trauma-informed, culturally safe practices.

- Indigenous Elders, cultural advisors, and women's organizations are integrated into the service model, ensuring cultural safety, gender safety, and inclusivity for Indigenous clients, women, 2SLGBTQI+ individuals, and others facing trauma.

Residential compatibility and community safeguards:

- No exterior alterations are proposed; the property retains its residential character.
- Traffic and parking remain within normal residential levels, with on-site driveway parking for staff and visitors.
- No public drop-in, no retail activity, and no group programming will occur at the residence.
- A Good Neighbour Plan will be in place, including a dedicated contact number, respectful conduct rules, and a complaint-response process.
- Waste, noise, and lighting will be managed in line with residential norms.

Public good and alignment with City priorities:

- This residence directly responds to documented gaps identified by the Office of the Auditor General of Canada (2022), which highlighted inequitable access to addictions services and aftercare in the NWT.
- It aligns with the City's and Territory's strategies for social well-being, health equity, and inclusion, while preserving neighbourhood integrity.
- It supports the Calls for Justice from the National Inquiry into Missing and Murdered Indigenous Women and Girls (MMIWG) by providing trauma-informed, culturally safe, women-inclusive housing and recovery supports.

In summary:

HCRS's supportive recovery residence at 36 Calder Crescent will be a low-impact, residentially compatible development that offers short-term, structured housing for up to four clients engaged in off-site programming. With continuous staff oversight, a strong cultural foundation, and a focus on safety and reintegration, this initiative addresses urgent community needs while preserving neighbourhood character.

Good Neighbour Plan – Holistic Counselling and Rehab Services (HCRS) Supportive Recovery Residence

36 Calder Crescent, Yellowknife, NT

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1. Purpose of the Good Neighbour Plan

The purpose of this Good Neighbour Plan is to demonstrate how the HCRS Supportive Recovery Residence at 36 Calder Crescent will integrate respectfully and responsibly into the neighbourhood while contributing to the City of Yellowknife's strategic priorities on homelessness reduction, addictions recovery, public safety, and inclusion.

This residence is not a drop-in centre or treatment clinic. Instead, it provides short-term, structured accommodation for up to four clients who are actively engaged in counselling, workshops, and cultural healing programs at the HCRS office and through land-based activities. The residence offers a safe place to sleep, eat, and live with 24/7 staff oversight, ensuring stability and readiness for successful reintegration into the community.

2. Alignment with City of Yellowknife Priorities

- **Homelessness Reduction:** Many clients supported at HCRS would otherwise be at risk of homelessness after returning from southern treatment centres. This residence ensures that clients have a safe, supportive, and supervised environment in Yellowknife, reducing the likelihood of returning to homelessness or unstable housing.
- **Addictions Recovery and Public Health:** The facility directly addresses gaps identified by the Office of the Auditor General of Canada (2022), which reported limited local access to addictions aftercare in the NWT. By stabilizing clients locally, the residence reduces relapse risk, eases pressure on shelters, hospitals, and emergency services, and contributes to overall community well-being.
- **Safety and Inclusion:** Programming integrates trauma-informed, culturally safe practices, including Elder guidance and Indigenous healing, in line with the Calls for Justice from the National Inquiry into Missing and Murdered Indigenous Women and Girls

(MMIWG). Services are inclusive of women, 2SLGBTQI+ individuals, and other marginalized groups, reflecting Yellowknife's commitment to equity and inclusion.

- Neighbourhood Compatibility: The residence preserves the character of 36 Calder Crescent and the surrounding neighbourhood by maintaining a residential feel, limiting occupancy, and implementing strict operational safeguards (quiet hours, no exterior changes, no public drop-in).

3. Key Commitments to Neighbours

a. Occupancy and Scale

- Maximum of four (4) clients at any time.
- Each client has a private bedroom; shared living and dining spaces promote a home-like environment.

b. Staff Presence and Safety

- 24/7 supervision: 1–2 staff members on site during the day/evening, and staff on call overnight.
- Staff are trained in trauma-informed care, conflict resolution, and crisis response.
- Intake processes ensure only clients who are stable and appropriate for this environment are admitted.

c. Behaviour and Quiet Hours

- Strict Code of Conduct requiring respectful behaviour, no disruptive activities, and no substance use on-site.
- Quiet hours from 10:00 p.m. to 7:00 a.m.

d. Parking and Traffic

- On-site driveway parking is provided for staff and visitors, preventing congestion on the street.
- No increase in through traffic; vehicle activity remains consistent with normal residential use.

e. Property Maintenance

- Regular upkeep of the property (lawn care, snow removal, garbage management) to meet or exceed neighbourhood standards.
- Lighting, noise, and waste disposal managed in accordance with residential norms.

f. No Exterior or Commercial Changes

- No signage, retail activity, or exterior modifications.
- The property remains visually indistinguishable from neighbouring homes.

4. Community Communication and Accountability

- Good Neighbour Liaison Contact: A dedicated phone number and email will be provided to neighbours for direct contact with the program manager regarding any concerns.
- Complaint-Response Protocol: Concerns will be acknowledged within 24 hours and addressed promptly.
- Neighbour Updates: Optional annual or semi-annual meetings will be offered to provide updates, gather feedback, and ensure transparency.

5. Broader Community Benefits

- Provides safe housing and stabilization for residents at risk of relapse or homelessness.
- Reduces strain on emergency shelters, RCMP, and health services.
- Creates local employment opportunities for counsellors, support workers, and cultural facilitators.
- Supports Yellowknife's reputation as a leader in northern-based wellness and recovery solutions, reducing reliance on costly southern facilities.

6. Conclusion

The HCRS Supportive Recovery Residence is designed to be a low-impact, high-benefit addition to Yellowknife. It balances the need for urgently required recovery supports with respect for neighbourhood integrity and community expectations. Through strict operational safeguards, cultural safety practices, and transparent communication, HCRS commits to being a responsible neighbour while advancing the City's priorities of reducing homelessness, strengthening addictions recovery, and fostering community wellness.

Hope * Serenity * Wellness will guide every aspect of the residence, ensuring that clients, neighbours, and the broader Yellowknife community all benefit from this initiative.