



CITY OF  
YELLOWKNIFE

# Yellowknife Recreation Guide Winter 2020



Creation Station (3 - 5 years) see page 4

Nerf Wars (10 - 13 years) see page 7

Trash to Treasure (15 years+) see page 10

REGISTRATION BEGINS 9:00AM ON MONDAY, DECEMBER 16, 2019



## MAYOR'S MESSAGE

Winter is coming... and the City of Yellowknife has lots of fun programming to keep you active and warm. Let this Winter Recreation Guide be your handbook to make the most of the dark and cold days ahead. After all, winter is what us Yellowknifers do best!

Now is the perfect time to learn how to play tennis (p. 11), or learn how to speak conversational Spanish (p.13), or if you want to get gooey and gross, become a Mad Scientist for the afternoon (p. 6).

Although it might be cold outside, I encourage you to bundle up and take our dog sledding class (p. 11), or visit any of our outdoor skating rinks that are maintained year round by City crews.

No matter what you're into, there's an activity in here for you!

To register for any of our programs or to book a facility for a special event, visit [yellowknife.ca](http://yellowknife.ca) or phone us at (867) 669-3457.


On behalf of the City of Yellowknife, I hope you'll enjoy the many ways to stay active this winter season.

*Rebecca Alty*

Rebecca Alty  
Mayor of Yellowknife



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## HOW TO REGISTER



### ONLINE

*24 hours a day - Visit [yellowknife.ca/programs](http://yellowknife.ca/programs)*

We're updating our program registration software. **All current and new users will be required to create a new account.**



### RECEIPTS

- Please keep your program receipts. A \$30 fee will be charged for all reprints.
- You can now print off your own tax receipts free of charge online at: [www.yellowknife.ca/programs](http://www.yellowknife.ca/programs)



### CANCELLED COURSES

Regrettably, if a minimum of registrations is not met, we may have to cancel classes. These decisions are made two business days prior to the start date. If a program has been cancelled, you will be notified by phone or email as soon as possible.



### TELEPHONE

**Booking Clerk:**  
*(867) 669-3457*  
**Ruth Inch Memorial Pool:**  
*(867) 920-5683*

- Phone-in hours vary depending on location (listed under the IN PERSON box below)
- Have all registration information ready to give over the phone (name, phone number, email address, date of birth, course code, payment information, etc.)
- Method of payment: Visa or Mastercard



### REFUND POLICY

- 100% refund if a program is cancelled due to insufficient registration
- 100% refund with written request 48 hours before commencement of a program
- If a program has commenced, refund reflects a percentage of the program remaining from time of notification. All requested refunds made after program commencement are subject to a \$20 service charge
- No refunds will be issued following a program mid-point
- \$30 fee for cheques returned NSF



### IN PERSON

**Fieldhouse: 45 Kam Lake Rd.**  
**Ruth Inch Memorial Pool:**  
**6002 Franklin Avenue**

- Fieldhouse Booking Clerk Hours:  
Monday to Sunday,  
9:00AM - 9:00PM
- Ruth Inch Memorial Pool Cashier Hours:  
Monday to Friday,  
9:00AM - 10:00PM  
Saturday & Sunday,  
12:00PM - 8:00PM
- Methods of payment: cash, cheque, credit card (Visa & Mastercard), and Interac



Check out our map of Yellowknife to find playgrounds, basketball courts, trails and more! Reverse the Recreation Guide and view pages 26 and 27.



# PRESCHOOL PROGRAMS

## CREATIVE PROGRAMS

### Old MacDonald's Farm (3 - 5 years without an adult)

Old MacDonald's Farm is a morning full of cool activities focusing on farm life. Please wear old clothes to class.

**Instructors:** Nolan Elliot and Colton Tumoth  
**Location:** Multiplex - PSAV Multipurpose Room  
**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
00000909	Sun.	Jan. 26	11:00a - 12:00p	10

### Oceans of Fun (3 - 5 years without an adult)

Come out for a morning filled with activities that are full of creatures found in the ocean. Please wear old clothes to class.

**Instructors:** Adria Sundberg and Stella Smyslo  
**Location:** Multiplex - PSAV Multipurpose Room  
**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
00000926	Sat.	Feb. 22	11:00a - 12:00p	10

### Jungle Safari Fun (3 - 5 years without an adult)

Bring your little adventurer to an afternoon class filled with a variety of jungle crafts. Please wear old clothes to class.

**Instructors:** Nolan Elliot and Colton Tumoth  
**Location:** Multiplex - PSAV Multi Purpose Room  
**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
00000927	Sun.	Feb. 23	11:00a - 12:00p	10

### Creation Station (3 - 5 years without an adult)

Join in and explore the magical world of imagination and creativity. A large variety of activities will be available to stimulate a child's creativity and develop self-expression. Get ready for an amazing morning of fun. Please wear old clothes to class.

**Instructors:** Nolan Elliot and Colton Tumoth  
**Location:** Multiplex - PSAV Multipurpose Room  
**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
<b>Theme: Easter Crafts</b>				
00000930	Sun.	Apr. 5	11:00a - 12:00p	10
<b>Theme: Mother's Day Crafts</b>				
00000933	Sun.	May 3	11:00a - 12:00p	10

## OH NO!

We didn't know you wanted to register!

Programs with low registration  
are cancelled...

Register early to avoid disappointment!



**Blossoms and Butterflies**  
(3 - 5 years without an adult)

Come out and spend a fun morning creating beautiful blossoms and butterflies. Let your imagination soar. Please wear old clothes to class.

**Instructors:** Adria Sundberg and Stella Smyslo

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
00000931	Sat.	Apr. 18	11:00a - 12:00p	10

**Pirates Treasure Hunt**  
(3 - 5 years without an adult)

A treasure is lost and it's up to us to find it. This class includes crafts and a treasure hunt for our lost treasure! Please wear old clothes to class.

**Instructors:** Nolan Elliot and Colton Tumoth

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
00000932	Sun.	Apr. 19	11:00a - 12:00p	10

**Planes, Trains and Automobiles**  
(3 - 5 years without an adult)

Come out for a morning filled with fun activities with planes, trains and automobiles. All supplies are included in the cost of the program. Please wear old clothes to class.

**Instructors:** Adria Sundberg and Stella Smyslo

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
00001040	Sun.	Apr. 25	11:00a - 12:00p	10

**Dance PL3y**  
(3 - 5 years without an adult)

DANCEPL3Y is a new and innovative kids physical activity program that 'plays' with dance while promoting activity positive mental health through the 3 Rules of PL3Y: Be positive. Be fun. Be yourself. Kids love learning simple moves from a variety of styles - Hip Hop, Urban, Ballroom, Bollywood, Lyrical, Jazz/Funk - as they meet their daily physical activity requirements.

**No class May 16**

**Instructor:** Amanda Grobbeck

**Location:** 914 - École J.H. Sissons Gym

915 - École St. Joseph, Small Gym

**Course Fee:** \$48.80 (GST exempt)

Code	Day	Date	Time	Max.
00000914	Tue.	Jan. 7 - Jan. 28	6:00p - 6:30p	10
00000915	Sat.	May 2 - May 30	10:00a - 10:30a	10



**PHOTO ADVISORY**

During the course of Programs and Special Events sponsored by the City of Yellowknife, photos may be taken for use on the City's website or in other promotional material. By registering in any Program or by entering any City of Yellowknife Special Events venue, you are agreeing to have your image taken, recorded, stored and reproduced. If a photo of you is published that you would like removed, please contact  
**(867) 920-5606.**



## CHILDREN'S PROGRAMS CREATIVE PROGRAMS

### Lego Builders (4 - 6 years)

Lego enthusiasts unite! In each class, a different project and challenge will be introduced. Lego will be supplied for in-class use only. Themes will be announced at each class.

**Instructors:** Nolan Elliot and Colton Tumoth  
**Location:** Multiplex - PSAV Multipurpose Room  
**Course Fee:** \$11.43 (+ GST)

Code	Day	Date	Time	Max
00000949	Sun.	Jan. 26	1:00p - 2:00p	10
00000950	Sun.	Feb. 16	1:00p - 2:00p	10
00000951	Sun.	Feb. 23	1:00p - 2:00p	10
00000952	Sun.	Mar. 1	1:00p - 2:00p	10
00000953	Sun.	Apr. 5	1:00p - 2:00p	10
00000954	Sun.	Apr. 19	1:00p - 2:00p	10
00000955	Sun.	Apr. 26	1:00p - 2:00p	10
00000956	Sun.	May 3	1:00p - 2:00p	10

### Lego Maniacs (6 - 9 years)

Lego enthusiasts unite! In each class, a different project and challenge will be introduced. Lego will be supplied for in-class use only.

**Instructors:** Nolan Elliot and Colton Tumoth  
**Location:** Multiplex - PSAV Multipurpose Room  
**Course Fee:** \$11.43 (+ GST)

Code	Day	Date	Time	Max
00000934	Sun.	Jan. 26	2:30p - 3:30p	10
00000935	Sun.	Feb. 23	2:30p - 3:30p	10
00000936	Sun.	Apr. 5	2:30p - 3:30p	10
00000937	Sun.	Apr. 26	2:30p - 3:30p	10

### Mad Scientists (6 - 9 years)

Join other mad scientists for an enjoyable and enriching experience! Participants will learn some interesting science facts while doing hands on science experiments. Innovators, inventors and creative thinkers will enjoy this interactive program! Please wear old clothes to class.

**Instructors:** Nolan Elliot and Colton Tumoth  
**Location:** Multiplex - PSAV Multipurpose Room  
**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
<b>Theme:</b> Ewwy, Gooley, Gross!				
00000938	Sun.	Feb. 16	11:00a - 12:00p	10
<b>Theme:</b> Super Spies				
00000939	Sun.	Mar. 1	11:00a - 12:00p	10
<b>Theme:</b> Things that Move				
00000940	Sun.	Apr. 26	11:00a - 12:00p	10



**HEY!**

We didn't know you wanted to register! Programs with low registration are cancelled... Register early to avoid disappointment!

## CRAFT PROGRAMS

### Marvelous Mother's Day Crafts (6 - 8 years)

Surprise your mom and show her you really think she is special by creating beautiful crafts that every mother would love. All supplies are included in the cost of the program.

**Instructors:** Adria Sundberg and Stella Smyslo

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$14.29 (+ GST)

Code	Day	Date	Time	Max.
00000942	Sat.	May 2	1:00p - 2:00p	10

## ACTIVE PROGRAMS

### Taekwondo - Beginners (7 - 12 years)

This martial arts program focuses on the Olympic style of taekwondo. Beginners are welcome to this program. Please wear loose-fitting clothes to class. Participants must wear a taekwondo uniform to be graded for higher belts. Uniforms can be purchased from the instructors.

**No class February 3, 5, March 16, 18, 23, 25, April 13, May 4, 18, 20, 25**

**Instructor:** T'idene Taekwondo Club

**Location:** Multiplex, Multiplex Gym

**Course Fee:** \$135.00 (GST exempt)

Code	Day	Date	Time	Max.
00000910	Mon., Wed.	Jan. 20 - May 27	6:00p - 7:00p	12

### Taekwondo - Intermediate/Advanced (7 - 12 years)

If you have already participated in taekwondo Beginner and wish to continue to learn more, then this class is for you. This martial arts program focuses on the Olympic style of taekwondo. Participants must have their yellow belt or higher.

**No class January 24, February 3, 5, 7, March 16, 18, 20, 23, 25, 27, April 10, 17, 24, May 4, 8, 18, 20, 22, 25**

**Instructor:** T'idene Taekwondo Club

**Location:** Multiplex, Multiplex Gym

**Course Fee:** \$190.00 (GST exempt)

Code	Day	Date	Time	Max.
00000911	Mon., Wed., Fri.	Jan. 20 - May 29	6:00p - 7:00p	20

### Nerf Wars (10 - 13 years)

Calling all Nerf warriors! Do you love to play Nerf and are looking for a fun environment to play against other players? Teams will be divided randomly during the class. Bring 20 darts and your Nerf blaster. No Nerf Rival and no red darts allowed. Please label all of your items you bring to the program.

**Instructors:** Nolan Elliot and Colton Tumoth

**Location:** Multiplex, Multiplex Gym

**Course Fee:** \$11.43 (+ GST)

Code	Day	Date	Time	Max
00000943	Sun.	Feb. 16	3:00p - 4:00p	10
00000944	Sun.	Mar. 1	3:00p - 4:00p	10
00000945	Sun.	Apr. 19	3:00p - 4:00p	10
00000946	Sun.	May 3	3:00p - 4:00p	10

### Tennis - Beginner Children's (6 - 10 years)

The City of Yellowknife and the Yellowknife Tennis Club in partnership are offering Junior Tennis clinics for ages six - 10. We will offer smaller courts, smaller racquets and softer balls, making the game more fun and easier to play. Youth will learn and develop tennis skills from the very basics to learning how to play a game.

**No class February 8, March 14, 21, 28, April 11**

**Instructor:** Nikola Jovic

**Location:** Fieldhouse, Northwestel Field

**Course Fee:** \$126.00 (GST exempt)

Code	Day	Date	Time	Max.
00000974	Sat	Jan. 25 - Apr. 25	5:30p - 6:30p	12



## DANCE PROGRAMS

### DancePI3y (6 - 7 years)

DANCEPL3Y (dance-play) is a new and innovative kids physical activity program that 'plays' with dance while promoting positive mental health through the 3 Rules of PL3Y: Be positive. Be fun. Be yourself. Kids love learning simple moves from a variety of styles - Hip Hop, Urban, Ballroom, Bollywood, Lyrical, Jazz/Funk - as they meet their daily physical activity requirements. **No class May 16**

**Instructor:** Amanada Grobbecker

**Location:** École St. Joseph, Small Gym

**Course Fee:** \$48.80 (GST exempt)

Code	Day	Date	Time	Max.
00000916	Sat.	May 2 - May 30	10:45a - 11:15p	10

### DancePI3y (6 - 12 years)

DANCEPL3Y (dance-play) is a new and innovative kids physical activity program that 'plays' with dance while promoting positive mental health through the 3 Rules of PL3Y: Be positive. Be fun. Be yourself. Kids love learning simple moves from a variety of styles - Hip Hop, Urban, Ballroom, Bollywood, Lyrical, Jazz/Funk - as they meet their daily physical activity requirements.

**Instructor:** Amanada Grobbecker

**Location:** École J.H. Sissons, Gym

**Course Fee:** \$48.80 (GST exempt)

Code	Day	Date	Time	Max.
00000913	Tue.	Jan. 7 - Jan. 28	6:45p - 7:15p	10

### DancePI3y (8 - 12 years)

DANCEPL3Y (dance-play) is a new and innovative kids physical activity program that 'plays' with dance while promoting positive mental health through the 3 Rules of PL3Y: Be positive. Be fun. Be yourself. Kids love learning simple moves from a variety of styles - Hip Hop, Urban, Ballroom, Bollywood, Lyrical, Jazz/Funk - as they meet their daily physical activity requirements. **No class May 16**

**Instructor:** Amanada Grobbecker

**Location:** École St. Joseph, Small Gym

**Course Fee:** \$48.80 (GST exempt)

Code	Day	Date	Time	Max.
00000917	Sat.	May 2 - May 30	11:30a - 12:00p	10

### Bollywood Fitness (5 - 9 years)

Bollywood dance is a fun, energetic dance style used in the Indian film industry. With elements of Indian classical dance, Bhangra, and various Western styles, Bollywood's high energy and contagious spirit make it the perfect workout for all levels!

**Instructor:** Pankaj Seth

**Location:** École St. Joseph, Small Gym

**Course Fee:** \$85.40 (GST exempt)

Code	Day	Date	Time	Max.
00000962	Mon.	Jan. 27 - Mar. 9	6:15p - 6:45p	12

Code	Day	Date	Time	Max.
00000963	Mon.	Apr. 6 - May 25	6:15p - 6:45p	12

### Bollywood Fitness (10 - 14 years)

Bollywood dance is a fun, energetic dance style used in the Indian film industry. With elements of Indian classical dance, Bhangra, and various Western styles, Bollywood's high energy and contagious spirit make it the perfect workout for all levels!

**Instructor:** Pankaj Seth

**Location:** École St. Joseph, Small Gym

**Course Fee:** \$85.40 (GST exempt)

Code	Day	Date	Time	Max.
00000964	Mon.	Jan. 27 - Mar. 9	7:00p - 7:30p	12

Code	Day	Date	Time	Max.
00000965	Mon.	Apr. 6 - May 18	7:00p - 7:30p	12

## CLIMBING PROGRAMS

### Introduction to Bouldering (6 - 9 years)

This is an introduction to climbing session for any child looking to climb our walls instead of yours. Please wear a clean pair of running shoes to class. All equipment is included.

**Instructor:** Yellowknife Climbing Club

**Location:** Fieldhouse - Climbing Wall

**Course Fee:** \$86.00 (GST exempt)

Code	Day	Date	Time	Max.
00000966	Sat.	Jan. 25 - Feb. 15	10:00a - 10:45a	10



## Introduction to Bouldering (10 - 12 years)

This four-week program will focus on having fun while exploring the fundamentals of climbing movement, athleticism, risk management, problem solving, and achieving the goals set by each climber. Please wear a clean pair of running shoes to class. All equipment is included.

**Instructor:** Yellowknife Climbing Club

**Location:** Fieldhouse - Climbing Wall

**Course Fee:** \$86.00 (GST exempt)

Code	Day	Date	Time	Max.
00000967	Sat.	Jan. 25 - Feb. 15	11:00a - 11:45a	10

## Advanced Bouldering (6 - 9 years)

This bouldering course will build on existing bouldering skills. The four-week program will focus on having fun while exploring advanced movements, with a continued focus on athleticism, risk management, problem solving, and achieving the goals set by each climber. Please bring a clean pair of runners to class. All equipment is included.

**Instructor:** Yellowknife Climbing Club

**Location:** Fieldhouse - Climbing Wall

**Course Fee:** \$86.00 (GST exempt)

Code	Day	Date	Time	Max.
00000968	Sat.	Apr. 4 - Apr. 25	10:00a - 10:45a	10

## Route Setting and Climbing Projects (10 - 12 years)

This advanced course will explore how to create bouldering routes and how to tackle advanced climbing problems, with a continued focus on athleticism, risk management, problem solving, and achieving the goals set by each climber. All equipment is included.

**Instructor:** Yellowknife Climbing Club

**Location:** Fieldhouse - Climbing Wall

**Course Fee:** \$86.00 (GST exempt)

Code	Day	Date	Time	Max.
00000969	Sat.	Apr. 4 - Apr. 25	11:00a - 11:45a	10



## YOGA PROGRAMS

### YogaPI3y (6 - 9 years)

YOGAPL3Y Kids allows children ages six - 9 to explore their own physical capabilities in a non-competitive and accepting environment. Weekly themed classes allow participants to experience both challenge and success, and are inclusive of everyBODY. Through our interACTIVE classes, kids PLAY with yoga while strengthening their mind-body connection and their connection with others. Our welcoming classroom environment fosters positive mental health and social emotional learning in children through the 3 Rules of PI3y: Be Positive. Be Fun. Be Yourself. Weekly themes combine traditional yoga poses (asana) with FUN activities, games & music and include a balance between mindfulness and movement.

**Instructor:** Amanda Grobbecker

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$61.00 (GST exempt)

Code	Day	Date	Time	Max.
00000920	Tue.	Mar. 31 - Apr. 28	6:00p - 6:45p	10
00000921	Tue.	May 5 - Jun. 2	6:00p - 6:45p	10

### YogaPI3y (10 - 12 years)

YOGAPL3Y Kids allows children ages 10 - 12 to explore their own physical capabilities in a non-competitive and accepting environment. Weekly themed classes allow participants to experience both challenge and success, and are inclusive of everyBODY. Through our interACTIVE classes, kids PLAY with yoga while strengthening their mind-body connection and their connection with others. Our welcoming classroom environment fosters positive mental health and social emotional learning in children through the 3 Rules of PI3y: Be Positive. Be Fun. Be Yourself. Weekly themes combine traditional yoga poses (asana) with FUN activities, games & music and include a balance between mindfulness and movement.

**Instructor:** Amanda Grobbecker

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$61.00 (GST exempt)

Code	Day	Date	Time	Max.
00000922	Tue.	Mar. 31 - Apr. 28	7:00p - 7:45p	10
00000923	Tue.	May 5 - Jun. 2	7:00p - 7:45p	10



# TEEN/ADULT PROGRAMS

## CRAFT PROGRAMS

### Trash to Treasure (15 years+)

Trash to Treasure is a fun and exciting way of turning waste paper and cardboard into furniture and other useful items. Nearly everything that can be recycled is collected and reused.

**Instructor:** Erika Mate

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$119.76 (+ GST)

Code	Day	Date	Time	Max.
00001034	Sat.	Feb. 15 - Mar. 7	4:00p - 6:00p	10

### Card Making (15 years+)

Tired of not having the right card when you need it? You can make your own! Come out and join us for an evening of card making, using many techniques that can be incorporated into scrapbooking. In these classes we will learn different stamping techniques as well. All supplies are included in the cost of the program. Theme: All Occasion Cards.

**Instructor:** Kirsten Snyder

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$31.90 (+ GST)

Code	Day	Date	Time	Max.
00001031	Thu.	Feb. 20	7:00p - 10:00p	6

### Copic Introduction (15 years+)

Would you like to take your adult colouring to the next level? Come out and learn how to use artist-quality Copic markers from a certified instructor. All supplies are included in the cost of the program.

**Instructor:** Kirsten Snyder

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$47.62 (+ GST)

Code	Day	Date	Time	Max.
00001032	Thu.	Apr. 16 - Apr. 23	7:00p - 9:00p	4

## ACTIVE PROGRAMS

### Judo - Recreational (7 - 14 years)

Judo is a martial art that lets individuals walk the path toward total mind and body development. Through the study of judo, judoka learn respect for self and others, discipline, responsibility, and control. Judo is a safe and fun way to reduce stress while increasing physical fitness, confidence and overall well-being. Roughly translated as 'The Gentle Way,' judo is open to everyone. Class is divided into three parts: warm up, games, and judo technique. The emphasis is on learning judo while having fun. All participants must be members of the Canadian Judo Association; yearly membership fees can be paid to the judo instructors. Participants must wear a judoko available for purchase from the instructor. **No class February 6, 8, March 14, 19, 21, 26, 28, April 25**

**Instructor:** Mario Desforges

**Location:** Multiplex, Multiplex Gym

**Course Fee:** \$144.00 (GST exempt)

Code	Day	Date	Time	Max.
00001035	Thu.	Jan. 30 - Apr. 30	5:45p - 7:45p	10
	Sat.		10:00a - 11:30a	

### Judo - Recreational (15 years+)

Judo is a marital art that lets individuals walk the path toward total mind and body development. Through the study of judo, judoka learn respect for self and others, discipline, responsibility, and control. Judo is a safe and fun way to reduce stress, while increasing physical fitness, confidence and overall well-being. Roughly translated as 'The Gentle Way,' judo is open to everyone. Class is divided into three parts: warm up, games, and judo technique. The emphasis is on learning judo while having fun. All participants must be members of the Canadian Judo Association; yearly membership fees can be paid to the judo instructors. Participants must wear a judoko available for purchase from the instructor. **No class January 23, 25, February 6, 8, March 14, 21, 26, 28, April 25**

**Instructor:** Mario Desforges

**Location:** Multiplex, Multiplex Gym

**Course Fee:** \$144 (+ GST)

Code	Day	Date	Time	Max.
00001037	Thu.	Jan. 30 - Apr. 30	5:45p - 7:45p	20
	Sat.		10:00a - 11:30a	

### Taekwondo - Teen/Adult (13 years+)

This martial arts program focuses on the Olympic style of taekwondo. Children 13 years old and older must have their blue belt or higher. Adult beginners are welcome to this program. Please wear loose-fitting clothing to class. Participants must wear a taekwondo uniform to be graded for higher belts. Uniforms can be purchased from the instructors. **No class January 24, February 3, 5, 7, March 16, 18, 20, 23, 25, 27, April 10, 17, 24, May 4, 8, 18, 20, 22, 25**

**Instructor:** T'idene Taekwondo Club

**Location:** Multiplex, Multiplex Gym

**Course Fee:** \$353.50 (+ GST)

Code	Day	Date	Time	Max.
00000912	Mon.	Jan. 20 -	7:15p - 8:30p	30
	Wed.	May 29		
	Fri.		6:00p - 7:00p	

### Tennis - Youth Intermediate (10 - 15 years)

The City of Yellowknife and the NWT Tennis Association are offering a Youth Intermediate Tennis Program. Join our instructors for ages 10 to 15 for technical development in tennis. **No class February 8, March 14, 21, 28, April 11**

**Instructor:** Nick Jovic

**Location:** Fieldhouse, NorthwesTel Field

**Course Fee:** \$126.00 (GST exempt)

Code	Day	Date	Time	Max.
00000977	Sat.	Jan. 25 -	6:30p - 7:30p	12
		Apr. 25		

### Tennis - Advanced Teen (10 - 17 years)

The City of Yellowknife and the NWT Tennis Association are offering an Advanced Tennis Program. Join our instructions for ages 10 to 17 for technical development in tennis. **No class February 6, March 19, 26**

**Instructor:** Nick Jovic

**Location:** Fieldhouse, NorthwesTel Field

**Course Fee:** \$154.00 (GST included)

Code	Day	Date	Time	Max.
00000978	Thu.	Jan. 30 -	4:00p - 5:00p	12
		Apr. 30		

### Tennis - Women (15 years+)

Join our instructors for beginner and intermediate women's group lessons. Each week will focus on different areas of the game. If this is your first time picking up a racquet this year (or ever) this will be a perfect opportunity to meet great women and help you feel comfortable on the courts.

**No class February 8, March 14, 21, 28, April 11**

**Instructor:** Nick Jovic

**Location:** Fieldhouse, NorthwesTel Field

**Course Fee:** \$159.86 (GST Included)

Code	Day	Date	Time	Max.
00000975	Sat.	Jan. 25 -	7:30p -	12
		Apr. 25	8:30p	

### Tennis - Men (15 years+)

Join men from across Yellowknife for a weekly hit and instructional clinic on the courts. Doubles and singles play will be offered. Be sure to sign in upon arrival and see a YK Tennis Club representative to help you meet players of similar skill and playing level.

**No class February 8, March 14, 21, 28, April 11**

**Instructor:** Nick Jovic

**Location:** Fieldhouse, NorthwesTel Field

**Course Fee:** \$194.66 (GST included)

Code	Day	Date	Time	Max.
00000976	Sat.	Jan. 25 -	9:30p -	6
		Apr. 25	10:30p	

### Dog Sledding (8 years to adult)

The perfect way to experience a true Northern adventure with an exciting ride in a dogsled. Come out, get some fresh air and have some fun. Please wear warm winter clothing to class.

**Instructor:** Beck's Kennels

**Location:** 124 Curry Drive

**Course Fee:** \$42.86 (+ GST)

Code	Day	Date	Time	Max.
00000990	Sat.	Apr. 4	9:00a -	50
			11:00a	

NAKA FESTIVAL - CITY-WIDE  
MAR. 2 - 7, 2020

See page 25 for more information

## GENERAL INTEREST PROGRAMS

### Photography (16 years+)

So you have a new camera or maybe you want to figure out what all those buttons on your camera actually do. You may even be an intermediate skill level photographer looking to take your photography to a new level. This course will start with the basics of your camera and lenses, depth of field and composition. We will explore exposure, and how to take control of it, instead of letting your camera decide how your images look. We will also explore flash photography, and how to control flash in your images. Finally, we will explore aurora photography. Along the way, we will work with basic photo editing software (Adobe Lightroom) and editing techniques.

**No class February 5**

**Instructor:** Brent Currie

**Location:** École St. Patrick High School (Room 230)

**Course Fee:** \$136.48 (+ GST)

Code	Day	Date	Time	Max.
00001027	Wed.	Jan. 22 - Mar. 11	7:00p - 8:30p	12

### Computer Programming (15 years+)

Interested in computer programming? In this course you will be introduced to the fundamentals of computer programming and how 0's and 1's turn into what you see on the screen! Next, you will be taught the basics of three languages used to power 90% of the Internet: Javascript, HTML, and CSS. As a final project, we will build a small web-based application!

**Please Bring a Laptop to Class**

**Instructor:** Dylan Lalonde

**Location:** Library Meeting Room

**Course Fee:** \$68.24 (+ GST)

Code	Day	Date	Time	Max.
00001033	Thu.	Jan. 30 - Feb. 20	6:30p - 7:30p	12

### Come and Start your Tomato Plants (15 years+)

Learn how to start your tomato seedlings indoors using the soil block method; save on space, time, and money. You will learn how to make small soil blocks into which you can plant your tomato seeds. Also learn how to transplant seedlings from a small block to larger ones, and eventually to the outdoors.

**Instructor:** France Benoit

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$16.75 (+ GST)

Code	Day	Date	Time	Max.
00000987	Wed.	Mar. 18	7:00p - 9:00p	20

### How to Grow Food in Small Spaces (15 years+)

Growing food in small spaces is a state of mind! You will learn how to look at the space you currently have and find ways to expand it. Find out about different creative options available to your particular situation. Using concrete examples from the instructor's own garden and greenhouse, you will discover new spaces and ways to grow food you did not know even existed!

**Instructor:** France Benoit

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$16.75 (+ GST)

Code	Day	Date	Time	Max.
00000988	Wed.	Apr. 8	7:00p - 9:00p	20

### First Time Homebuyers (15 years+)

Thinking about buying your first home? Join us to learn everything you need to know about the home-buying process here in Yellowknife including information on optimizing your finances, mortgages, costs to expect, the housing market and much more!

**Instructors:** Molly Milligan and Chris Gillander

**Location:** Multiplex - PSAV Multipurpose Room

**Course Fee:** \$16.75 (+ GST)

Code	Day	Date	Time	Max.
00000985	Tue.	Feb. 11	7:30p - 9:00p	12
00000986	Tue.	Mar. 10	7:30p - 9:00p	12



INDOOR GARAGE SALE / AMNESTY WEEK  
/ SPRING CLEAN-UP

See page 25 for more information

## CLIMBING PROGRAMS

### Teen/Adult Climbing (13 years+)

An introductory course for adults who are interested in learning the fundamentals of climbing. This single session program will focus on having fun while exploring the fundamentals of climbing movement, athleticism, risk management, problem solving, and achieving the goals set by each climber. Participants will learn how to use a harness and how to belay. All equipment is included. Please wear clean non-marking runners to class.

**Instructor:** Yellowknife Climbing Club

**Location:** Yellowknife Fieldhouse - Climbing Wall

**Course Fee:** \$70.00 (GST included)

Code	Day	Date	Time	Max
00000970	Tue.	Feb. 11	7:00p - 9:00p	4
00000971	Tue.	Mar. 10	7:00p - 9:00p	4
00000972	Tue.	Apr. 14	7:00p - 9:00p	4
00000973	Tue.	May 12	7:00p - 9:00p	4

## DANCE PROGRAMS

### Bollywood Fitness (15 years+)

Would you like to get in shape while having fun? This class will give you an amazing cardio workout! You'll be sweaty and exhausted, but smiling!!! Come and take part in our Bollywood exercise class!

No class February 22, April 11, 25

**Instructor:** Pankaj Seth

**Location:** École St. Joseph, Small Gym

**Course Fee:** \$95.55 (GST included)

Code	Day	Date	Time	Max
00000958	Tue.	Jan. 28 - Mar. 10	6:30p - 7:45p	12
00000959	Sat.	Jan. 25 - Mar. 7	12:30p - 1:15p	12
00000960	Tue.	Apr. 7 - May 19	6:30p - 7:45p	12
00000961	Sat.	Apr. 4 - May 16	12:30p - 1:15p	12



## LANGUAGE PROGRAMS

### Introduction to American Sign Language (15 years+)

Learners will immerse themselves in the concept and culture of this physical language with a jaunt through the beautiful silent world. A 'no-voice' teaching method is used to reinforce the learning experience. Learn Fingerspelling, ASL language structure and simple conversation. Non-hearing (d/Deaf), hearing, and nonverbal are welcome.

**Instructor:** Tony Procure

**Location:** 1038 - Multiplex, Multipurpose Room  
1039 - École St. Patrick High School (Room 230)

**Course Fee:** \$59.31 (+ GST)

Code	Day	Date	Time	Max.
00001038	Fri.	Feb. 21 - Mar. 6	7:00p - 9:00p	10
00001039	Thu.	Feb. 4 - Feb. 18	7:00p - 9:00p	10

### Introduction to Spanish (15 years+)

Have you ever wanted to learn Spanish? In this class you will learn the basics to talk, read and understand conversations in Spanish.

**Instructor:** Oscar Aguirre

**Location:** École Sir John Franklin High School  
(Room 1)

**Course Fee:** \$180.95 (+ GST)

Code	Day	Date	Time	Max.
00000981	Tue.	Jan. 28 - Mar. 5	7:00p - 8:00p	8
00000983	Tue.	Apr. 7 - May 14	7:00p - 8:00p	8

### Conversational Spanish (15 years+)

Have you already taken the Introduction to Spanish class and would like to continue. This course will help you develop your conversation and writing skills. There will also be slides presented in class of Spain, Mexico and Peru.

**Instructor:** Oscar Aguirre

**Location:** École Sir John Franklin High School  
(Room 1)

**Course Fee:** \$180.95 (+ GST)

Code	Day	Date	Time	Max.
00000982	Mon.	Apr. 6 - May 13	7:00p - 8:00p	8
00000984	Mon.	Jan. 27 - Mar. 4	7:00p - 8:00p	8



## YOGA PROGRAMS

### Beginner Yoga (15 years+)

Hatha yoga is an ancient system of healing, toning and rejuvenating the body. It includes active physical postures and relaxation techniques. The benefits of yoga include increased flexibility and strength along with techniques that lower stress and anxiety. Classes are challenging and fun, all taught by a certified instructor with over 40 years of teaching experience. This class is not recommended for anyone who is pregnant.

No class April 13 and May 18

**Instructor:** Moyra Bissell

**Location:** YK Public Library - Meeting Room

**Course Fee:** \$145.12 (+ GST)

Code	Day	Date	Time	Max.
00001022	Mon. - Thu.	Mar. 30 - May 28	7:00p - 8:00p	12



### Beginner / Intermediate Yoga (15 years+)

Lunch hour yoga. Feel relaxed and energized as you go out into the rest of your day! You will create and retain prana (energy) in this class. This program is skillfully taught by Moyra Bissell who has over 40 years of experience as a certified yoga teacher.

No class April 13 and May 18

**Instructor:** Moyra Bissell

**Location:** YK Public Library - Meeting Room

**Course Fee:** \$145.12 (+ GST)

Code	Day	Date	Time	Max.
00001023	Mon. - Thu.	Mar. 30 - May 28	12:10p - 12:50p	12

### Intermediate Yoga (15 years+)

Have you taken the Beginner Yoga class before or already have yoga basics and would like to continue on? This class is for you! Classes are challenging and fun, all taught by a certified instructor with over 40 years of teaching experience.

No class April 13 and May 18

**Instructor:** Moyra Bissell

**Location:** YK Public Library - Meeting Room

**Course Fee:** \$198.88 (+ GST)

Code	Day	Date	Time	Max.
00001024	Mon. - Thu.	Mar. 30 - May 28	5:30p - 7:00p	12

# FAMILY PROGRAMS



## Judo - Family (1 adult with up to 2 children)

This class is designed for parents and their children between the ages of three to six years old, who want to learn judo through fun and interactive games. Children will learn self-control, balance, and develop their motor skills, while their parents will improve their general physical condition and flexibility, learn basic judo skills and have fun with their child. Why not burn some calories while they burn away their energy? No previous experience required.

**No class February 8**

**Instructor:** Mario Desforjes  
**Location:** Multiplex, Multiplex Gym  
**Course Fee:** \$39.30 (GST exempt)

Code	Day	Date	Time	Max.
00001025	Sat.	Feb. 1 - Mar. 7	9:15a - 10:00a	20

## You may qualify for free use of City Recreational Facilities



# Access for ALL

Find out if you and your family are able to use City arenas, pool, drop-in programs and transit free of charge

For more information:  
[visityellowknife.ca](http://visityellowknife.ca)  
[email AccessForAll@yellowknife.ca](mailto:AccessForAll@yellowknife.ca)  
 call (867) 920-5600





## FIELDHOUSE PRESCHOOL PROGRAMS

### Play Together – Weekends (Walking - 4 years)

Drop-in, parented playtime on a large indoor field. Toys are provided; please do not bring your toys from home. No bicycles allowed.

No program April 12

**Ratio:** 1 adult to maximum 2 children (some exceptions apply)

**Fee:** \$4.50 per child or use your Flexi Pass

Day	Date	Time
Sun	Jan. 12 - Apr. 19	10:30a - 11:30a

For the most up-to-date  
skating and swimming  
schedules, visit  
[www.yellowknife.ca](http://www.yellowknife.ca)

## DROP-IN PROGRAMS

### WHERE DO I GO?

All drop-in and pick-up programs, unless otherwise stated, are held at the Fieldhouse.

### HOW DO I PLAY?

Go to the front desk and pay the fee (or use your Flexi Pass), including any applicable equipment rental fees, and obtain a bracelet to show the attendant you're signed up to play. You are required to sign an informed consent form in order to participate. A guardian must sign for participants under 18 years.

## DROP-IN SPORTS

### Ultimate (18 years+)

Come out and play drop-in ultimate. Please bring a black t-shirt and a white t-shirt with you.

**Fee:** \$7.75 per adult or use your Flexi Pass

Day	Date	Time
Thu.	Jan. 2 - Apr. 16	6:00p - 7:00p

### Soccer (18 years+)

Come out and play drop-in soccer.

**Fee:** \$7.75 per adult or use your Flexi Pass

No program April 13

Day	Date	Time
Mon	Jan. 6 - Apr. 27	9:00p - 10:30p

### Pickleball (16 years+)

Do you like to play badminton, tennis and table tennis? Pickleball is for you! Pickleball is a racquet sport that combines elements of all these sports. \*All participants in this program must sign an informed consent form to participate.

No program on January 24, Feb. 3, 5, 7

**Location:** Multiplex - Gymnasium

**Fee:** \$7.75 per adult or use your Flexi Pass  
\$2.00 equipment rental fee per paddle

Day	Date	Time
Mon, Wed, Fri	Jan. 13 - May 24	1:00p - 3:00p



# HOLIDAY DROP-IN PROGRAMS

## Adult Soccer Drop-In

**Location:** Fieldhouse - NorthwTel Field

**Fee:** \$7.75 per adult or use your Flexi Pass

Day	Date	Time
Fri.	Dec. 27	2:00p - 3:00p
Mon.	Dec. 30	9:00a - 10:30a
Wed.	Jan. 1	2:00p - 3:30p

## Youth Soccer Drop-In (7 - 12 years)

**Location:** Fieldhouse - NorthwTel Field

**Fee:** \$5.50 per youth or use your Flexi Pass

Day	Date	Time
Sat.	Dec. 28	12:00p - 1:00p
Thu.	Jan. 2	12:00p - 1:00p

## Teen Soccer Drop-In (13 - 17 years)

**Location:** Fieldhouse - NorthwTel Field

**Fee:** \$6.50 per teen or use your Flexi Pass

Day	Date	Time
Sat.	Dec. 28	1:00p - 2:00p
Thu.	Jan. 2	1:00p - 2:00p

## Adult Volley Ball Drop-In (18 years+)

**Location:** Multiplex - Gymnasium

**Fee:** \$7.75 per adult or use your Flexi Pass

Day	Date	Time
Tue.	Dec. 31	12:00p - 1:30p
Fri.	Jan. 3	12:00p - 1:30p

## Play Together Drop-In (Walking - 4 years)

**Location:** Fieldhouse - NorthwTel Field

**Fee:** \$4.50 per child or use your Flexi Pass

**Ratio:** 1 adult to maximum 2 children  
(some exceptions apply)

Day	Date	Time
Sun.	Dec. 29	10:30a - 11:30a
Thu.	Jan. 2	10:30a - 11:30a

## Ultimate Drop-In (18 years+)

**Location:** Fieldhouse - NorthwTel Field

**Fee:** \$7.75 per adult or use your Flexi Pass

Day	Date	Time
Thu.	Jan. 2	6:00p - 7:00p

## Adult Tennis Drop-In (All Ages)

**Location:** Fieldhouse - NorthwTel Field

**Fee:** \$7.75 per adult or use your Flexi Pass

Day	Date	Time
Sun.	Dec. 29	8:00a - 10:00p
Tue.	Dec. 31	12:00p - 1:30p
Fri.	Jan. 3	12:00p - 1:30p

**TENNIS**  
**ULTIMATE FRISBEE**  
**SOCCER**  
**PICKLEBALL**

**DROP-IN SPORTS**

LOOKING FOR A FUN WAY TO STAY ACTIVE? THE CITY OF YELLOWKNIFE OFFERS A VARIETY OF DROP-IN PROGRAMS FOR ALL AGES!

FOR MORE INFORMATION  
WWW.YELLOWKNIFE.CA/DROPIN  
(867) 669-3457 | CS@YELLOWKNIFE.CA

CITY OF YELLOWKNIFE

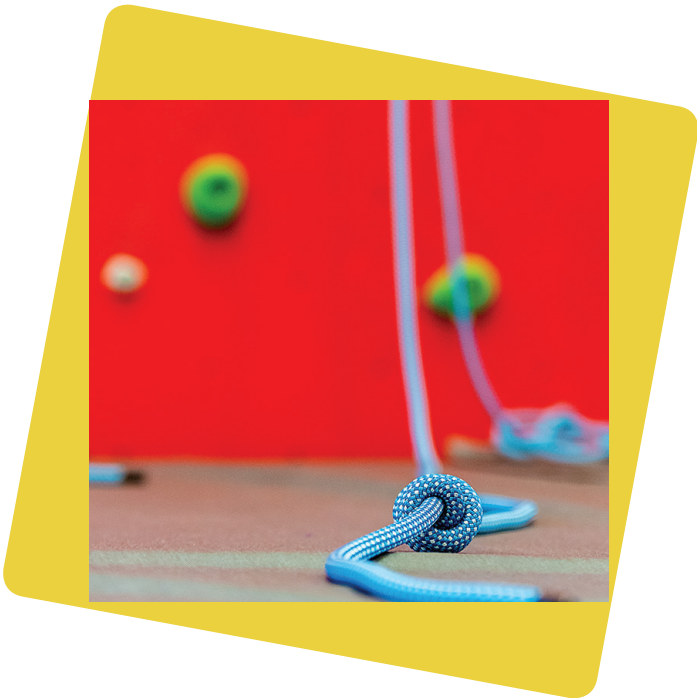


# CLIMBING WALL

The Yellowknife Climbing Wall is now open for your enjoyment. This wall is located in the main foyer of the Yellowknife Fieldhouse. Refer to Admission Fees (Pool Side) on page 4. For operating hours please visit: <https://www.yellowknife.ca/en/getting-active/climbing-wall.asp>

## CLIMBING EQUIPMENT RENTAL FEES

Climbing Shoes	\$5.00
Harness	\$5.00
Chalk Bags	\$2.00
Belay Device	\$5.00
All-In Climbing Package Adults (18 years+)	\$10.00
All-In Climbing Package Youth (17 years and under)	\$5.00
Belay Testing	\$10.00
<b>Climbing Wall Rental Fee</b>	
Youth	\$66.00 per hour
Adult	\$131.75 per hour
Adult/Youth	\$99.00 per hour



## THE CITY OF YELLOWKNIFE IS LOOKING FOR INSTRUCTORS!

The city is seeking knowledgeable and passionate individuals who want to share their skills with others in our community.

Perhaps you enjoy painting, drawing, dancing, sports or any activity that can be shared with others? We want to hear from you!

We are looking to create new programs for Yellowknife residents and need your skills to do it. Our staff will work with you to create a program that fits your schedule. If this piques your interest or you would love more information please get in touch!

(867) 920-5606 | [cs@yellowknife.ca](mailto:cs@yellowknife.ca)



## RENTABLE PARKS

The following areas can be rented for weddings, family gatherings, etc. Call the Booking Clerk at (867) 669-3457.

**Folk on the Rocks:** Located across from the Yellowknife Golf Course on the shores of Long Lake, the Folk on the Rocks site is a large, sandy venue with multiple stages and plenty of open space. This is a great location for a staff party or special family event.

**Rotary Park:** Located along School Draw Ave. overlooking Great Slave Lake, Rotary Park is a nice setting for a quiet picnic or family gathering. Amenities include a picnic shelter, boardwalk, and an area to launch your small water craft (e.g. kayak, canoe, sailboard).

**Somba K'e Civic Plaza (Amphitheatre):** Located beside City Hall on Frame Lake, amenities of this park include the amphitheatre (ideal for open air concerts, weddings, etc.), washroom facilities, connection to the Pat McMahon Frame Lake Trail, a groomed lawn, and the Fireweed Studio.



## OFF LEASH DOG AREAS

The City of Yellowknife has designated four (4) off leash areas for dogs.

1. **Tin Can Hill** (at the upper end of School Draw)
2. **Sand Pits** (opposite to YK Golf Club)
3. **Fenced-in Dog Park** (behind the YK Community Arena)
4. **Fiddlers Lake Road** (off Deh Cho Boulevard in Kam Lake Industrial Park)

Please use caution in these areas, as animals will be off leash. Remember to leash up your animal as you leave these areas, and please pick up after your dog.

## TRAILS

The **Pat McMahon Frame Lake Trail** system is approximately 7 km long and paved from Stanton Territorial Hospital to the Prince of Wales Northern Heritage Centre. It connects to such landmarks as the Bristol Monument and the downtown core.

The Rotary Club **Range Lake Trail** system takes you alongside Range Lake and connects to such areas as Parker Park and the McMahon Frame Lake Trail. This trail measures approximately 1.7 km in length and can be accessed via Tees Court, Range Lake Road, Finlayson Drive North, and Parker Park.

The **Niven Lake Trail**, which winds its way around Niven Lake, is approximately 1.2 km in length. It offers scenic views and the opportunity to see various water fowl and animals.

There are also numerous unregistered trails around the City for your enjoyment: Tin Can Hill, Twin Pine Hill, Rat Lake, and Engle Trail.

When using the trails, all pets must be leashed and picked up after. The trails cater to both bicycle and pedestrian traffic, so please use the trails in a safe and responsible manner.

## YELLOWKNIFE SKI CLUB

On behalf of the Ski Club, the City of Yellowknife Community Services Department rents out the Ski Club Chalet.

For more information about the Ski Club and its amenities please check out:

[www.skiyellowknife.com](http://www.skiyellowknife.com).

## GYM RENTALS

Did you know that the City of Yellowknife's Community Services Department rents school gyms during the evenings and weekends? Much of the time is booked by our frequent users; however, there is still some time available for rent.

No gym equipment is available with the rental. You may bring your own if you wish. All equipment must be for indoor activities. There is no food or drink allowed in the schools.

Visit [www.yellowknife.ca](http://www.yellowknife.ca) to see our rental fees.



# ARENAS

The Multiplex consists of two ice pads, a gymnasium, and a meeting room, which are all rentable spaces. You can find out what dates are available by visiting the 'Getting Active' section at [www.yellowknife.ca](http://www.yellowknife.ca). To book a time, please call the Booking Clerk at (867) 669-3457. Visit the **Multiplex** at 41 Kam Lake Road and the **Yellowknife Community Arena** at 6004 Franklin Avenue.

## YK COMMUNITY ARENA WINTER OPERATING HOURS

Monday to Friday - 3:00PM - 11:00PM  
Saturday and Sunday - 7:00AM - 11:00PM

## YK ARENA HOLIDAY HOURS OF OPERATION

Dec. 24 - Jan. 1 (CLOSED)  
Jan. 2 (REGULAR OPERATING HOURS)

## MULTIPLEX WINTER OPERATING HOURS

Arena Pads - 6:30AM - 12:00AM  
Gymnasium - 6:30AM - 10:00PM  
PSAV - 6:30AM - 10:00PM

## MULTIPLEX HOLIDAY HOURS OF OPERATION

Dec. 16 - Dec. 20 (CLOSED)  
Dec. 24 - (OPEN) from 6:30AM - 3:00PM  
Dec. 25 (CLOSED)  
Dec. 26 (OPEN) from 12:00PM - 5:00PM  
Dec. 27, 28, 29 and 30 (OPEN)  
Dec. 31 (OPEN) from 6:30AM - 3:00PM  
Jan. 1 (OPEN) from 12:00PM - 5:00PM  
Jan. 2 (REGULAR OPERATING HOURS)

# PUBLIC SKATE TIMES

## PUBLIC SKATE

Mon. to Fri.	12:00PM - 1:00PM	Ed Jeske Arena
Wed. and Sat.	6:00PM - 7:15PM	Shorty Brown Arena
Sun.	2:00PM - 3:15PM	Shorty Brown Arena

## SHINNY HOCKEY

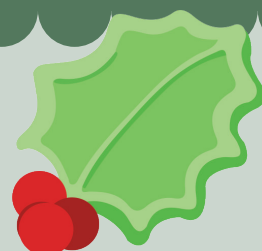
Mon. to Fri.	12:00PM - 1:30PM	Shorty Brown Arena
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## PARENT & TOT SKATES

Tue. and Thu.	11:00AM - 12:00PM	Shorty Brown Arena
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## FAMILY SKATE

Sun.	1:00PM - 2:00PM	Shorty Brown Arena
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# FIELDHOUSE

45 Kam Lake Road

## WEEKDAYS OPERATING HOURS

Indoor Play Area	8:00AM - 9:00PM
Walking & Running Track	6:30AM - 10:00PM
Indoor Play Fields: Northwestel Field & Field # 2	6:30AM - 11:00PM

## FIELDHOUSE HOLIDAY HOURS OF OPERATION

Dec. 24 (OPEN) from 6:30AM - 3:00PM
Dec. 25 (CLOSED)
Dec. 26 (OPEN) from 12:00PM - 5:00PM
Dec. 27, 28, 29 and 30 (REGULAR OPERATING HOURS)
Dec. 31 (OPEN) from 6:30AM to 3:00PM
Jan. 1 (OPEN) from 12:00PM - 5:00PM
Jan. 2 (REGULAR OPERATING HOURS)

## WEEKENDS OPERATING HOURS

Indoor Play Area	8:30AM - 9:00PM
Walking & Running Track	8:30AM - 10:00PM
Indoor Play Fields: Northwestel Field & Field # 2	8:30AM - 11:00PM



## WALKING & RUNNING TRACK

- Strollers approved for track use are available at a nominal fee. Personal strollers are not allowed on the track,
- Indoor shoes required,
- Three lanes – a walking lane (inside track), passing lane (middle track), and running lane (outside track),
- Direction changes (clockwise Mon., Tue., Fri. & Sat.; counter-clockwise Wed., Thu. & Sun.).
- Children under 15 must be accompanied by an adult,
- Passes for the track must be purchased in advance at the Fieldhouse or the Ruth Inch Memorial Pool,
- Spectators are strictly prohibited on the track.

## INDOOR PLAY FIELDS

### Northwestel Field and Field # 2

- Indoor footwear only (no cleats or spikes),
- Rentable space,
- Must pre-book the fields by contacting the Booking Clerk at **(867) 669-3457**,
- Water can be kept on the players' benches.

## INDOOR PLAY AREA

- Children must be supervised by a parent or guardian (6:1 ratio) at all times,
- Stocking and indoor footwear recommended on playground area (no street shoes),
- Food and/or drink allowed in designated area only,
- No pets permitted in play area,
- Play structure designed for children up to five years of age,
- Non-rentable space,
- Passes for the play area must be purchased in advance at the Fieldhouse or the Ruth Inch Memorial Pool.

## FACILITY RENTAL FEES

All fees are listed in the Fees & Charges By-law which can be found under the 'City Government' section at [www.yellowknife.ca](http://www.yellowknife.ca). GST is applicable. All rentals have an additional Infrastructure Fee as follows:

### GYMNASIUM RENTAL FEES (GST ADDITIONAL)

Small Gyms	Rate	\$/50 min.
Mildred Hall & N.J. MacPherson schools	Youth	\$18.25
	Youth/Adult	\$27.25
	Adult	\$36.25

Medium Gyms	Rate	\$/50 min.
William McDonald, J.H. Sissons, Range Lake North, & St. Joseph schools and Multiplex gym	Youth	\$23.00
	Youth/Adult	\$34.50
	Adult	\$45.75

Large Gyms	Rate	\$/50 min.
Sir John, St. Pat's, & Weledeh schools	Youth	\$32.25
	Youth/Adult	\$48.50
	Adult	\$64.50

No gym equipment is available with the rental. You may bring your own if you wish. All equipment must be for indoor activities. There is no food or drink allowed in the schools.

Please note there are different fees for tournaments/special events.

### FIELDHOUSE RENTAL FEE (GST ADDITIONAL)

Rate	\$/50 min.
Youth (prime)	\$66.00
Youth (non-prime)	\$49.50
Adult/Youth (prime)	\$99.00
Adult/Youth (non-prime)	\$74.25
Adult (prime)	\$131.75
Adult (non-prime)	\$99.00

### ICE ARENA RENTAL FEES (GST ADDITIONAL)

Rate	\$/50 min.
Youth (prime)	\$94.00
Youth (non-prime)	\$70.50
Adult/Youth (prime)	\$141.00
Adult/Youth (non-prime)	\$105.75
Adult (prime)	\$188.00
Adult (non-prime)	\$141.00



Please note that all fees may be found online at [www.yellowknife.ca](http://www.yellowknife.ca) or call the Booking Clerk at (867) 669-3457

## SPECIAL EVENTS AT YK

The City of Yellowknife holds a variety of annual events for the enjoyment of residents and visitors. Most events are family-oriented and free of charge. Check the Events Calendar on the City's website at [www.yellowknife.ca](http://www.yellowknife.ca) for upcoming events! Inquiries about special events hosted by the City of Yellowknife can be directed to the Special Events Coordinator at (867) 920-5676 or [events@yellowknife.ca](mailto:events@yellowknife.ca).

## SPRING CLEAN-UP FUNDRAISING OPPORTUNITY

Spring Clean-Up week is May 18 - 24, 2020. Funding is available to eligible non-profit organizations who wish to collect litter as a fundraising opportunity for youth organizations. Applications will be available on February 10, 2019. Check the "Living Here" section of the City's website at [www.yellowknife.ca](http://www.yellowknife.ca) to review eligibility requirements and to download the application form.

Please contact the Special Events Coordinator for more information by calling (867) 920-5676 or by email at [events@yellowknife.ca](mailto:events@yellowknife.ca).



**SNOW ANGELS**  
Be a Snow Angel this year

Be a good neighbour, volunteer to help your neighbours with snow removal. Please send us some information about the great work done by your Snow Angel, so that we may publicly acknowledge their help! If you see a neighbour that requires assistance with removing their snow, grab your shovel and give them a hand.

Please contact the Snow Angels Coordinator at (867) 950-5676 or [events@yellowknife.ca](mailto:events@yellowknife.ca) or check the City's website for more information.



The City of Yellowknife invites individuals, families, businesses and community organizations to adopt a local street or area and keep it litter-free all year. By adopting a street you are assisting in keeping our city beautified all year round. Participants are asked to commit to pick up litter in their area at least twice a year. The registration form and additional information are available on the City's website [www.yellowknife.ca](http://www.yellowknife.ca). A big thank you goes out to all of our current Adopt-A-Street volunteers for their valuable contribution toward keeping the city clean! Please contact the **Special Events Coordinator** at (867) 920-5676 or by email at [events@yellowknife.ca](mailto:events@yellowknife.ca) for more information.



## SPECIAL EVENTS CALENDAR - DECEMBER

## DECEMBER

NEW YEAR'S EVE  
FIREWORKS

Bundle up and join us for our annual New Year's Eve fireworks over Frame Lake. Great views from all around the lake make it easy to enjoy this free family friendly event.

Tue., December 31, 2019  
8:00PM  
Frame Lake

## JANUARY

ABORIGINAL GAMES  
NIGHT

Join the City of Yellowknife and Aboriginal Sports Circle as we explore a variety of different aboriginal sports. This free event is a little more structured and the majority of activities are best for children ages five and up, but we will accept all ages!

Fri., January 17, 2020  
6:00PM - 7:30PM  
Multiplex Gym

## WORLD SNOW DAY

We invite you and your family to get out and celebrate our northern winter! Various community organizations will be hosting FREE events and activities to celebrate World Snow Day. Check the City's website the week before for an updated schedule of events.

Sun., January 19, 2020  
City Wide

## OLDIES THEME SKATE

Lace up your skates and join us during our oldies themed public skate. Skate back through time to your favourite tunes from the 50s and 60s. Regular admission fees apply.

Wed., January 22, 2020  
6:00PM - 7:15PM  
Multiplex - Shorty Brown Arena

## FEBRUARY

MILLENNIAL THEME  
SKATE

Calling all millennials - or at least lovers of music from the late 90s and early 00s. Skate your evening away to the likes of Aqua, S-Club, and so much more! Regular admission fees apply.

Wed., February 19, 2020  
6:00PM - 7:15PM  
Multiplex - Shorty Brown Arena





## 2019 TO MAY 2020

## MARCH

## NAKA FESTIVAL

Join us for our second annual NAKA Festival - a celebration of aurora and culture. There are many great cultural events and opportunities to learn more about the aurora borealis. For more information, visit [yellowknife.ca/naka](http://yellowknife.ca/naka).

March 2 - 7, 2020  
City-wide

## ULTIMATE FRISBEE FUN NIGHT

Join the Yellowknife Ultimate Club for some demonstrations of Ultimate Frisbee and free range time on the field.

Thu., March 12, 2020  
6:00PM - 7:00PM  
Fieldhouse - NorthwesTel Field

## MARIO KART BALLOON SKATE

Remember when you only had so many balloons in your Mario Kart game? This time they are on your person and you are on skates! Join us for this fun Mario themed event and wear a costume for a chance to win a prize! Regular admission fees apply.

Wed., March 18, 2020  
6:00PM - 7:15PM  
Multiplex - Shorty Brown Arena

## APRIL

## EASTER SKATE

Join us for a free skate with the Easter Bunny and stay to do some crafts in the lobby.

Wed., April 8, 2020  
6:00PM - 7:15PM  
Multiplex - Shorty Brown Arena

## THE GREAT EASTER HUNT

The hunt is on for hidden Easter prizes! Bring out the family to see where the adventure brings you during this free event.

April 11 -12, 2020

## VOLUNTEER RECOGNITION BREAKFAST

Community organizations recognize their volunteers to thank them for all of their great work. Join us for a breakfast as we celebrate the invaluable contributions of Yellowknife's volunteers!

Sat., April 25, 2020  
9:00AM - 11:00AM  
Multiplex - Gym

## MAY

## INDOOR GARAGE SALE

Take advantage of a great opportunity to take part in this huge garage sale! Over 100 tables of goods and treasures will be for sale.

Sat., May 2, 2020  
8:00AM - 11:00AM  
Multiplex

## SPRING COMMUNITY SHOWCASE

The City of Yellowknife is pleased to present the SPRING Community Showcase Night! This is an opportunity for residents to connect directly with a variety of spring and summer community organizations, and for those organizations to showcase their services and opportunities in one location. Fear not, our Fall Community Showcase will return in September for the winter organizations.

Thu., May 14, 2020  
6:00PM - 8:00PM  
Multiplex

## AMNESTY DAYS

During Amnesty Days at the Solid Waste Facility, residents are able to drop off excess residential garbage without paying the standard Residential Vehicle Charge (\$10.00). Please note that all other tipping fees still apply.

May 16 - 18, 2020

## SPRING CLEAN-UP

Community organizations will be out and about this week cleaning up the community! Property owners and Adopt-A-Street participants are asked to pitch in this week and clean up their properties/areas too! Community groups can register for their clean-up area at [yellowknife.ca/springcleanup](http://yellowknife.ca/springcleanup) starting February 10, 2020.

May 18 - 24, 2020  
City-wide

