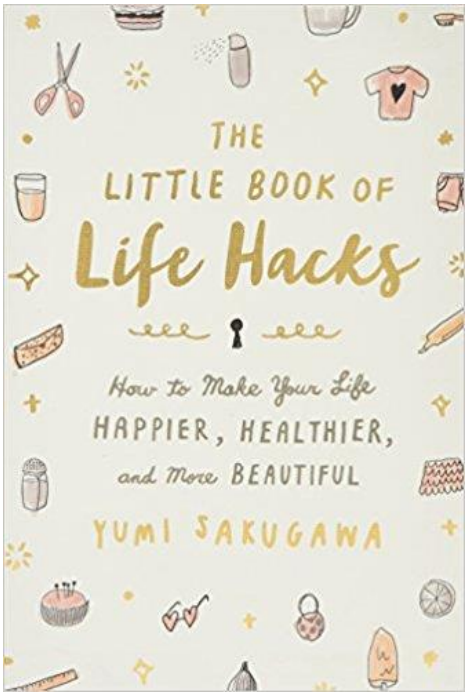
Spotlight

Friday, November 10th



Yumi Sakugawa is a Los Angeles based illustrator who has been making her name in adorably illustrated self-care guides. She initially drew the attention of the comic book scene with her wellness blog Secret Yumiverse which provided a wide-range of amusing, charming, and practical life hacks and DIY projects. Her earlier printed work, *The Illustrated Guide to Becoming One with the Universe* and *There is no right way to meditate* established her warm and personable style where she shares tips, tricks, and motivational messages for mastering the art of daily living.

Her latest book, *The Little Book of Life Hacks: how to make your life happier, healthier, and more beautiful* is basically a catch-all guide for crafting the life you desire. Sakugawa offers a refreshing take on the self-help genre with practical tips (how to boil an egg perfectly, how to remove scratches from wooden furniture) mixed in alongside more standard self-help fare (how to outsmart bad moods, how to read body language). Sprinkled with Japanese style illustrations and moments of quiet wisdom *The Little Book of Life Hacks* is an adorable manual for living.

Megan Clark
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